

Center for Women, Faith & Leadership 2019 Fellowship Application





MISSION OF THE CENTER FOR WOMEN, FAITH & LEADERSHIP

In accordance with IGE's mission, the Center for Women, Faith & Leadership (CWFL) supports and equips women of faith to assume and advance in leadership roles and influence decision making in global affairs, with particular emphasis in areas where women are most affected yet have had the least influence—religious freedom, conflict resolution, and peacebuilding.

ABOUT THE CENTER FOR WOMEN, FAITH & LEADERSHIP AT IGE

CWFL integrates issues at the nexus of religion and gender into the domestic and overseas programs at IGE. In partnership with IGE's country and regional programs, CWFL convenes global faith and secular leaders to discuss the role of women of faith in global affairs and decision making through conferences, high level events, and forums. These platforms provide stakeholders from across vocations, sectors, regions, and issues with the opportunity to engage in dialogue regarding the role that gender and faith play in our world's most pressing challenges, particularly with vulnerable and marginalized populations. In addition, they provide the opportunity to engage the global voices and diverse perspectives of advocates, practitioners, decision makers, and other stakeholders in issues of gender and religion worldwide.

CWFL (formerly "Women of Faith for Peace & Security" network) dates back to June 2006 when IGE first began convening women security experts in Russia who, themselves, were women of faith. Since that time, IGE has convened religious women of different faiths in the U.S., Syria, Pakistan, China, Vietnam, Laos, Burma, and Kazakhstan. This is one manifestation of IGE's theory of change, and demonstrates an intentional focus on religious women's leadership, globally.

A NEW APPROACH TO WOMEN, PEACE & SECURITY: THE 2019 CWFL FELLOWSHIP

In 2019, the CWFL Fellowship Program will focus on supporting and building the leadership of women-of-faith leadership who support the vulnerable and marginalized populations of our world. There are more people in our world today experiencing the trauma of persecution and displacement, than at any other time in human history. Women-of-faith helping professionals are all too often leading our societies toward peace and security, advocating for these populations; and yet, the risk of this work is great. Constant exposure to war zones, traumatic stories, and adverse environmental conditions has statistically left women-of-faith leaders burnt out and experiencing compassion fatigue, or worse—retreat from their previous work as helping professionals and peace-builders.

How do we not only support women's empowerment, but also their wellbeing in leadership? How can we come alongside these women-of-faith leaders, in order to not only advance their leadership but also reinforce their self-care and prevent burn out?

Utilizing the "Mother Teresa Method," the Center for Women, Faith & Leadership (CWFL) will host the 2019 Fellowship Program. The year-long program will build the sustainable leadership, spiritual-



identity resiliency, and self-care practices of 8-10 women-of-faith, who are working for the peace and security of the world's persecuted & displaced populations.

Building off of the proven model of the 2015-18 Fellowship Programs, CWFL will structure the 2019 Fellowship around the flow of (1) Prayer (2) Self-care & Nourishment (3) Working for Peace & Service to Others (4) Physical Rest (5) Mindful Meditation and Gratitude, and (6) the Practice of Daily Ceasing. This approach reflects the leadership practice of Mother Teresa, who worked within the slums of Calcutta. In her work, not only did Mother Teresa model this rule of life for the women-of-faith in her midst, but she also urged these women to take a year-long sabbatical for self-care, every 5 years. This practice of rhythm and rest will be reflected within the 2019 CWFL Fellowship Program.

Never has a program served to not only advance the leadership of women-of-faith, but also to provide a holistic & practical approach to uphold their leadership in the midst of an incredibly turbulent world. In this way, CWFL is ensuring that the leadership of women-of-faith doesn't just survive, but thrives!

Watch a 2 Minute Video Detailing the Impact of the Fellowship, from the Perspective of the Participants: <https://www.youtube.com/watch?v=dRUKRzBgicg>

THE 2019 CWFL FELLOWSHIP PROGRAM STRUCTURE

The CWFL Fellowship provides a cohort of 8-10 women-of-faith with the requisite support and assistance through the following modules and structure:

A. Developing Awareness of our Rhythm-of-Life as Women-of-Faith Leaders

- Conversations with God (Prayer)
- Self-care & Nourishment (Opening the day with emotional, physical, and mental care)
- Working for Peace & Service to Others (Being a voice for the voiceless)
- Physical Rest (Finding the freedom of containment, and boundaries for renewal)
- Mindful Meditation & Gratitude (Practicing the power of presence and abundance)
- Daily Ceasing (Cultivating joy in the endpoint)

B. Spiritual Identity for Resilience in the Midst of Conflict

- Personal story – Who am I?
- The Faith-Inspired Leader (My faith; My Leadership) – What faith values support my identity?
- Leadership Development Plan – Where am I going as a woman-of-faith leader?

C. Holistic Self-Care (Burn-out and Compassion Fatigue Prevention)

- Psycho-education on compassion fatigue & burn-out
- Self-compassion – Why is it critical to sustainability?
- Components of Self-care



- Breath-work
- Mindfulness
- Prayer & Meditation (including journaling and art expression)
- Yoga & Progressive Muscle Relaxation – mind/body connection
- Nutrition
- Support & Mentorship
- Empowering others to care for themselves (Participants compose an educational booklet detailing self-care practices that resonate with women leaders from their own cultural and religious background. Booklets will be introduced and distributed at a local seminar, lead by CWFL Fellows)

D. Leadership Development through Skill-building

- Leadership advocacy for the marginalized
- Overcoming personal and professional barriers to leadership
- Negotiation for self and others as a conversation
- Public speaking, with a focus on ethically sharing your and others' stories
- Marketing to build a network of community support

**Additional leadership modules are provided through an 800+ page self-lead toolkit, which participants can utilize according to their unique individual leadership development needs.

THE 2019 CWFL FELLOWSHIP PROGRAM SCHEDULE

Two In-person Workshop Retreats	March 10-17th, 2019 & November 10-17, 2019
Monthly Online Leadership Development Webinars via Adobe Connect Platform	Second Tuesday of each month
Monthly Personalized One-on-One Programming Support Calls with CWFL Program Director	Second Thursday or Friday of each month
Monthly Leadership Wellness Coaching with CWFL Advisory Council Mentors	Regular meeting day and time determined by Fellow and Mentor
Fellows' Capstone Project	2019



2019 CWFL FELLOWSHIP APPLICATION FORM

INSTRUCTIONS: To complete this form, please follow the instructions carefully. Once completed, please forward it, along with a resume or curriculum vitae, a recent photograph (head shot, preferably in .jpg format) and any attachments to klundquist@globalengage.org. Submission of this application constitutes permission to IGE for use of all submitted text and media during the application process and Fellowship programming.

Contact Information:

NAME: _____
Dr./Mr./Ms./Mrs. First Name Middle Name(s) Last Name/Surname

Preferred Mailing Address:

STREET: _____

CITY: _____ STATE/PROVINCE: _____

POSTAL CODE: _____ COUNTRY: _____

PREFERRED PHONE: _____ ALTERNATE PHONE: _____

DATE OF BIRTH: _____ EMAIL ADDRESS: _____

Business/Organization Information:

TITLE: _____

SECTOR: _____ YEARS OF EXPERIENCE: _____

NAME OF ORGANIZATION/COMPANY: _____

CITY: _____ STATE/PROVINCE: _____

POSTAL CODE: _____ COUNTRY: _____

PHONE: _____ WEBSITE: _____



Professional/Volunteer Engagement (1,000 character maximum):

- A. Describe your role within your organization and your work.
- B. Describe briefly your professional background, area of expertise, and any community groups, volunteer boards or professional organizations that you serve on outside of your official role / paid work.

Essay Questions (2,500 character maximum):

- C. Describe how both your personal and professional worldview support and align with IGE's mission in general and CWFL's mission specifically.
- D. Provide an example of when your personal initiative, advocacy, and/or leadership as a women-of-faith resulted in a tangible change in policy or practice for the benefit of the vulnerable and marginalized.
- E. Detail how your personal background and/or professional experience highlight your interest in issues of supporting the peace and security of marginalized populations. Describe an example of your engagement in these issues.
- F. Share your key challenges as an advocate for the vulnerable and marginalized in your midst. Particularly, share what your personal challenges have been, and how this fellowship can aid you in not just surviving but thriving as a woman-of-faith leader!
- G. Describe your primary goals for this fellowship and what you hope to receive from your fellowship experience. How do you see the achievement of these goals being transformative in your future leadership and influence?
- H. Given CWFL's ultimate goal of building an alumni network of women of faith who, together, can provide support, share best practices, and advocate holistically for the vulnerable and marginalized, describe what you hope to receive from CWFL's global alumni network and how you anticipate playing a role in it?

References

Please provide one (1) personal and two (2) professional references who can speak to your work and experience. Letters of recommendation are optional, but appreciated. Letters should be from individuals who know you in a personal or professional capacity and can write about your skills and experiences as well as your potential benefits from the CWFL program. Letters can be included in



your application packet. Please make sure your name is clearly listed in each letter of recommendation.

Reference #1

NAME: _____
Dr./Mr./Ms./Mrs. First Name Middle Name(s) Last Name/Surname

RELATIONSHIP TO APPLICANT: _____

JOB TITLE (*if professional reference only*): _____

Preferred method of contact:

PHONE: _____ EMAIL: _____

Recommendation letter being sent / included

Reference #2

NAME: _____
Dr./Mr./Ms./Mrs. First Name Middle Name(s) Last Name/Surname

RELATIONSHIP TO APPLICANT: _____

JOB TITLE (*if professional reference only*): _____

Preferred method of contact:

PHONE: _____ EMAIL: _____

Recommendation letter being sent / included

Reference #3

NAME: _____
Dr./Mr./Ms./Mrs. First Name Middle Name(s) Last Name/Surname

RELATIONSHIP TO APPLICANT: _____

JOB TITLE (*if professional reference only*): _____

Preferred method of contact:

PHONE: _____ EMAIL: _____

Recommendation letter being sent / included

Supporting Documents

Please include/attach the following documents:

An updated resume or curriculum vitae

A recent picture/headshot

*An applicable writing sample of **no more than 10 pages***



A video essay:

- 1) Record a 3-5 minute video essay answering the question: "Why is my faith important to my leadership?"*
- 2) Upload your video to Youtube or Vimeo, and include the link below (with applicable passwords if you are choosing to use the Vimeo platform)*
- 3) Directions for Uploading Your Video to either Youtube OR Vimeo:*

Youtube Tutorial

Upload an unlisted video to Youtube (this allows only the people you send the link to, to view the video)

<https://www.youtube.com/watch?v=1f-Zogch8cw>

Vimeo Tutorial

Upload a Video to Vimeo

<https://www.youtube.com/watch?v=l9qM7Ot-z1Y>

Password Protect Your Vimeo Video

https://www.youtube.com/watch?v=O9_CLj75Hyo

Link to Video: _____

***Thank you for applying to the
2019 Center for Women, Faith & Leadership Fellowship Program!***